

THE OMNIPOTENT PRAYER:

Lord Jesus Christ, have mercy on me ...

By Elder Joseph, the quieter and Spilaiotou (1897-1959)

Always try to make sure that the prayer of Jesus Christ is included in your daily cycle, your work, your every breath and your every sense. Oh, then how will your heart rejoice! How delighted you will be because your mind will rise towards the heavens. Wherefore do not forget to always say: Lord Jesus Christ, have mercy on me.

When you chant you will understand the chants; you will have the desire and you will likely have the voice and humility to give back, accordingly, the words of God. Therefore do not do injustice to your soul anymore, but say inwardly the prayer, Lord Jesus Christ, have mercy on me...

When you work, do not let all your thoughts and strength be absorbed in your work, but say the prayer in a whisper. Then your works will be correct, error-free, your thoughts will be clean, and your work performance will be greater. Go ahead, then, say the prayer of Jesus Christ, so your works will be blessed, Lord Jesus Christ, have mercy on me.

The Holy Spirit protects the soul that prays. It enters the depths of the soul, has control over the inner world of the soul and it directs it towards God's Holy Will. Only then the soul has the power to say, along with the Prophet: Bless the Lord, O my soul; and all that is within me, bless His holy name! (Ps. 103, 1). Go ahead and pray: Lord Jesus Christ, have mercy on me, so you will have the protection of the Holy Spirit.

When the Holy Spirit protects your soul, you feel fulfilled and humble. You are not affected by injustice, irony or praise. You live in a spiritual atmosphere, which the virus of sin cannot penetrate. Only the Holy Spirit can judge our souls, no else has that right. The Holy Spirit gives us new eyes and new reasoning. Say the prayer frequently so you can live comfortably in any environment; Lord Jesus Christ, have mercy on me.

Trans. by Haido Pourlos